

## **Plainview Mattlin Middle School**

## WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday Homemade Mac & Cheese 🕜 🤔 Crispy Potato Puffs Applesauce Fresh Orange

and Beans Bowl 🚱

Apple Cinnamon

Crispy Potato Puffs

Garden Salad **Applesauce** Fresh Orange

French Toast 🚱 🤌

Crispy Tacos Sour Cream Salsa Garden Salad Applesauce Fresh Orange

**Tuesday** 

Pizza Crunchers 🕜 Sweet Potato Fries Garden Salad Diced Peaches Fresh Pear

Wednesday

Wing Shack Chicken Wings Homemade Lite Veggie Pasta Salad Confetti Garbanzo Bean Salad Fresh Orange Diced Pear Cup

**Thursday** 

Mozzarella Sticks @ Marinara Sauce Garden Salad Diced Peaches Fresh NY Local Apple

Friday

VEGGABALS

10 Veggabol Fiesta Rice

11 General Tso Chicken Noodle Bowl 69 Spicy Tomato Salad Applesauce Fresh Orange

Whole Grain 12 Pancakes with Sausage Sweet Potato Fries Applesauce Fresh Orange

13 Homemade Pasta & Meatballs @ Green Beans Garden Salad Diced Pear Cup Fresh NY Local Apple 14 Mozzarella Sticks 🚱 Marinara Sauce Sweet Potato Fries Garden Salad Diced Peaches Fresh Orange



17

VEGGABOLS

## SCHOOL CLOSED TODAY

BRUNCH FOR LUNCH TODAY!

SCHOOL CLOSED TODAY

18

SCHOOL CLOSED TODAY

19

SCHOOL CLOSED TODAY

20

SCHOOL CLOSED TODAY

21

24 Veggabol Fiesta Rice and Beans Bowl 🚱

Homemade French Toast 🚱 🤔 Crispy Potato Puffs Garden Salad **Applesauce** Fresh Orange



Buffalo Chicken Tenders 🚱 Dinner Rolls Carrot Sticks Celery Diced Peaches Fresh NY Local Apple

TACO TUESDAY

Pasta with Cheese 🕜 Green Beans

26 Homemade Baked

Carrot Sticks Fresh Orange Diced Pear Cup

IT'S STUDENT APPRECIATION DAY

Meal Prices:

Chicken & Cheese Quesadilla Or Cheese Quesadilla

> With Salsa And Sour Cream Steamed Broccoli Black Beans Diced Pear Cup Fresh Orange

28 Mozzarella Sticks 🕜 Marinara Sauce Dip Garden Salad Fresh NY Local Apple Diced Pear Cup

BRUNCH FOR LUNCH TODAY!

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orienta-



Paid \$3.20 Reduced \$0 Milk \$0.60 Gluten free/Vegetarian options available For more information email General Manager Megan McDonnell at veretoram@whits Wade With Available Daily: Asst. Pizza,

Hamburger/cheeseburger, asst. chicken patty, WG bagel w/yogurt, asst. Yogurt parfaits, asst. sandwiches, asst, salads.

Daily fruit/vegetables: Apples, oranges, pears, bananas and asst. 100% juice Available milk: 1% white, fat free white, fat free

chocolate

Pork





tion), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.